

First Line 'Just in Case 4 Core Drugs' (JiC4CD) End of Life Anticipatory Medications Prescribing Guide

To be used in conjunction with 'Just in Case 4 Core Drugs for End of Life Care - Indication for Use'

These guidelines are the recommended starting doses for first line JiC4CD end of life anticipatory medications.
 Higher starting doses and/or PRN frequencies can be used if assessed as clinically appropriate.
 Doses should be titrated up if symptoms persist.

Drug	Formulation	Size of Ampoule	** Amount to Prescribe	Usual PRN Stat Dose	Usual 24 Hour Dose Via CSCI	Recommended Maximum Dose
<u>DIAMORPHINE</u> For pain	10mg amp		If opioid naïve: 10 amps * If previously on opioids: ** 5 days supply	If opioid naïve: 2.5-5mg 1 hourly Subcut	If opioid naïve: 10-20mg	Contact Specialist Palliative Care (SPC) Advice Line when >100mg in 24 hours
<u>LEVOMEPRMAZINE</u> For nausea & vomiting	25mg/1mL	1mL amps	5 amps	6.25mg 8 hourly Subcut	6.25- 12.5mg	Contact SPC Advice Line when ≥25mg in 24 hours
<u>MIDAZOLAM</u> For agitation & restlessness	5mg/mL (=10mg/2mL)	2mL amps	10 amps	2.5-5mg 4 hourly Subcut	10-20mg	Contact SPC Advice Line when ≥30mg in 24 hours (Max dose 60mg)
<u>GLYCOPYRRONIUM</u> For respiratory tract secretions	0.2mg/1mL (=200mcg/1mL)	1mL amps	10 amps	0.2mg (200mcg) 4 hourly Subcut	0.6-1.2mg	Maximum dose 1.2mg over 24 hours
<u>WATER FOR INJECTION</u> Diluents		10mL amps	10 amps			

Notes:	<ul style="list-style-type: none"> * For patients previously on opioids, follow guidance in 'Just in Case 4 Core Drugs for End of Life Care - Indication for Use' for conversion of oral to equivalent subcutaneous dose. For patients on buprenorphine or fentanyl patches, also see this guidance and discuss with Specialist Palliative Care Service for advice regarding further analgesia (see below for contact numbers). ** These quantities have been designed to cover the longest possible scenario of being needed over a bank holiday weekend, so please ensure adequate amount prescribed to ensure supply for 5 days (usually at least enough for 2 doses per day) Patients may be prescribed different end of life drugs anticipatory medications if they are intolerant of these recommended first line medications, or if they are discharged from University Hospitals of Morecambe Bay NHS Foundation Trust. For further information, please contact local Specialist Palliative Care Team for advice.
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Specialist Palliative Care Advice Line for Health Professionals

For Blackpool, Fylde & Wyre: Trinity Hospice, Blackpool 01253 359359 (24 hours)
For Lancaster, Morecambe & Carnforth: St John's Hospice, Lancaster 01524 382538