

A Guide to your 'Just in Case Four Core' Medicines

Patient Information Leaflet



Telephone Contact Details:

General Practitioner:

District Nurse:

Out of Hours: Telephone 111

What are 'Just in Case Four Core' medicines?

These medicines are to be administered by your nurse or GP if they feel you need them quickly.

You have been provided with these medicines as sometimes it can be difficult to get them in a hurry, especially at night or at weekends, so it is very helpful to have them ready - Just in Case you need them.

However, it is very important to note: These medicines can only be given by a **nurse** or **doctor**.

What is in your 'Just in Case Four Core' Medicines supply?

Your 'Just in Case Four Core' medicines supply contains a small quantity of different medicines that you may or may not need, plus some information for your doctor and nurse.

What are the different medicines for?

- Diamorphine
for pain and shortness of breath
- Levomepromazine
for sickness
- Glycopyrronium bromide
for secretions in the throat
- Midazolam
for restlessness
- Water
to mix the medicines

How do I look after my 'Just in Case Four Core' medicines?

- The medicines have been prescribed for you and should not be given to anyone else.
- Please do not open the tamperproof seal. They should only be opened by a nurse or doctor.
- The medicines do not need to be kept in a fridge but should be kept in a cool dry place, away from direct heat and light.
- They should be stored in a safe place, out of the reach of children.
- Any unused medicines will be safely destroyed. Please talk to your nurse or pharmacist about the destruction of the medicines.

Any questions?

If you have any questions about your 'Just in Case Four Core' medicines, please ask your GP, district nurse or pharmacist.

Options available

If you'd like a large print, audio, Braille or a translated version of this leaflet then please call **01253 655588**.

Patient Advice and Liaison Service (PALS)

Do you need information or advice about NHS services? Do you have concerns about you or your family's healthcare or are seeking a resolution to a problem and cannot get an answer to your questions? PALS is here to listen and support you in whatever way they can to ensure your experience of healthcare services is a positive one.

Tel: **01253 655588**
email: **pals@bfwh.nhs.uk**

You can also write to us at:
PALS,
Blackpool Victoria Hospital
Whinney Heys Road
Blackpool
FY3 8NR

Further information is available on our website:
www.bfwh.nhs.uk

Travelling to our hospitals

For the best way to plan your journey to any of the local hospitals visit our travel website: www.bfwhospitals.nhs.uk/departments/travel/

Useful contact details

Hospital Switchboard:
01253 300000

References

This booklet is evidence based wherever the appropriate evidence is available, and represents an accumulation of expert opinion and professional interpretation.

Details of the references used in writing this booklet are available on request from:

Policy Co-ordinator/Archivist
01253 303397



Blackpool Teaching Hospitals 
NHS Foundation Trust

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